

## Materials List: Creating an Artist Journal with Kathryn Van Aernum 2018

**\*\* Book Papers, book board, sumi ink, walnut ink will be supplied**

### Additional Materials:

- Ruler - preferably metal with a cork back – at least 15” long
- Pencils – a good old 2B is fine. HB, 3B are optional
- **3 tubes of watercolor and acrylic** in primary palette: e.g one yellow, red and blue

These are suggested colors. If you are familiar with mixing color, feel free to bring a palette of your choice, but limit it to three.

#### **Yellow**

Aurolean  
New Gamboge  
Cadmium Yellow

#### **Red**

Alizarin Crimson  
Permanent Rose  
Cadmium Red

#### **Blue**

Cobalt  
Ultramarine  
Phthalo Blue

- 1 tube of white gouache
- cheap watercolor brushes (for mixing color)
- brushes to apply paint –small foam brushes (1 inch or so) are good for this. For a different texture you can also use inexpensive house painting brushes ranging from ½ inch to 2 inches. If you own watercolor/acrylic brushes you may bring those or purchase from City Art.
- palette or plate (can be paper) to mix color
- storage containers (repurposed food containers WITH lids, or food storage containers)
- water container
- Bone folder **or** a butter knife (no serrated edges)
- xacto knife with #11 blades
- found objects from out of doors to use for writing and mark making
- materials for collaging – 2-dimensional. Whatever you are drawn to bring. Japanese papers are great for this. Old books that can be ripped apart.
- Poetry, prose or inspirational quotes: either yours or some that appeal to you.
- Cutting mat or cutting board
- Unlined pad of paper or multiple sheets for experimentation and warm-ups (14 x 17 is good size – can be newsprint or lesser grade drawing paper)

### Optional:

- Interference Acrylic: this is paint mixed with Mica to add shimmer and interesting light reflections.
- Fine point markers or pens: Micron or any other brand
- colored pencils or crayons